Whittington Health Clinical Strategy

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Medical Directors
Joint Overview and Scrutiny Committee 19 July 2013







River Place Health Centre


The Northern Health Centre

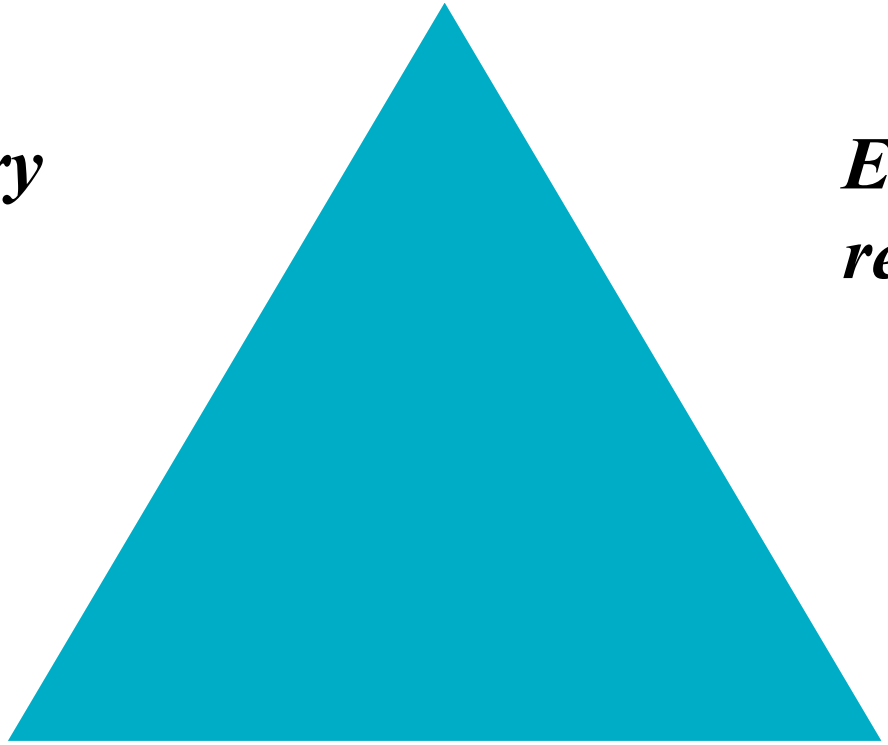
Killick Street Health Centre


Whittington Health NHS

Fundamentals of Clinical Strategy

Ambulatory care

Enhanced recovery



Integrated care

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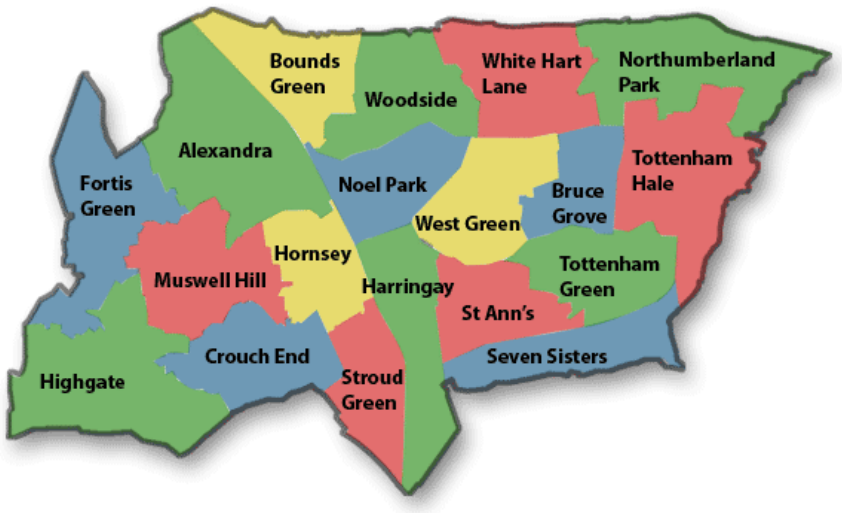
Integrated Care

- Launched in North East Haringey, discussing patients with North Middlesex hospital
- Coordinate health and social care
- Patients targeted:
  - Complex
  - 65+ / LTCs
  - Frequent ED attenders
  - High users of social services
- Now 4 locaity MDT teams up and running
- Discussed more than 500 patients

- <u>Integrated Care MDT Teleconferences</u>
  - 2 hours each week for each of the 4 areas – GPs have a set dial in slot
  - GPs – the lead clinician
  - Community Health Teams (DNs, CMs)
  - Hospital Pharmacist
  - Social Services
  - Consultant physician (NMH or Whittington)
  - Consultant psychiatrist (BEH MHT)



Preliminary results – but risk regression to mean

- 17% reduction in A&E attendance in first 170 patients
- 86% of the patients discussed in June and July at North East MDT had fewer admissions in the 6 months afterwards than in the 6 months beforehand

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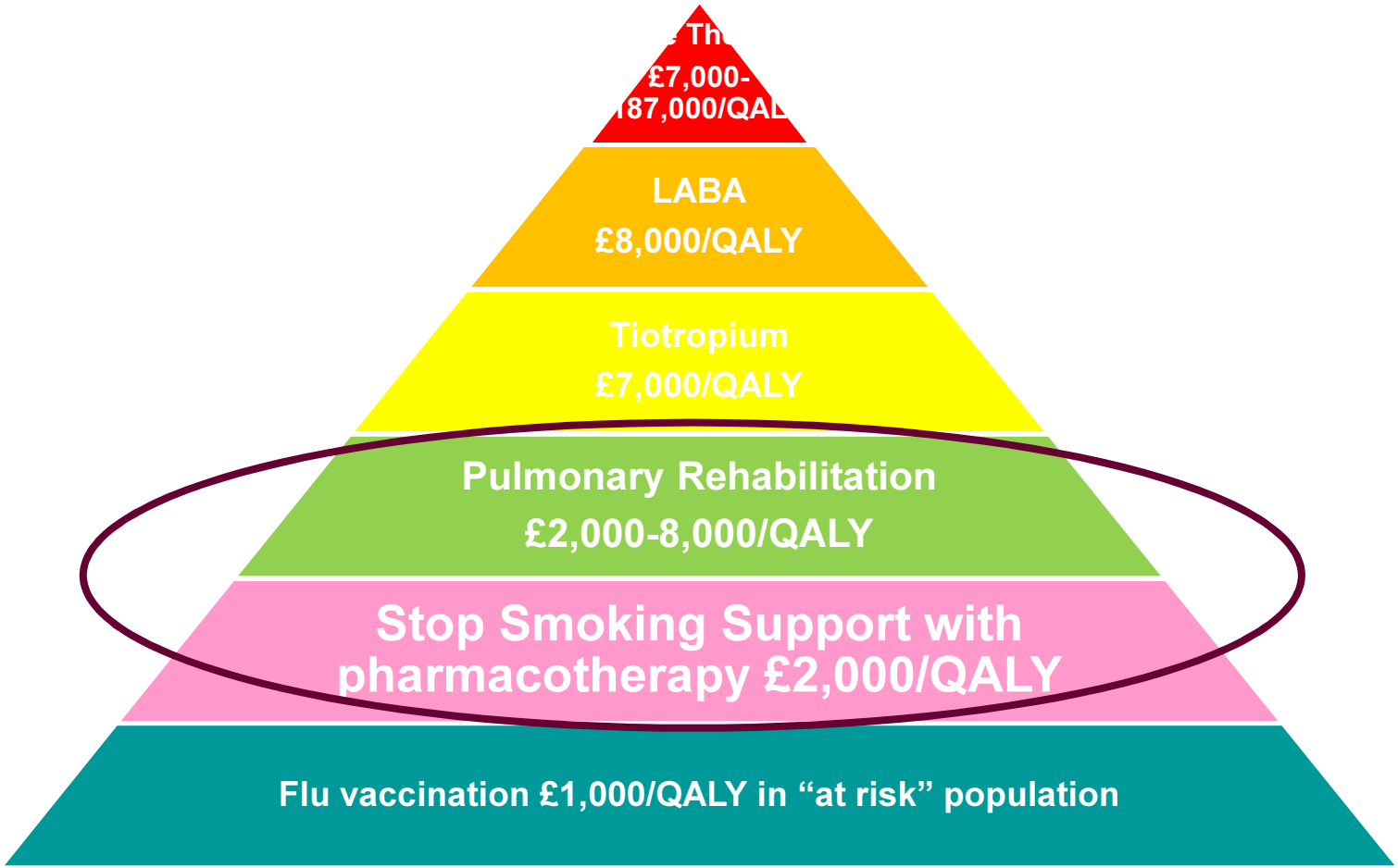
Improving population health *COPD - Islington LES*



JAMA 2011;306:1782-1793.

JAMA
The Journal of the American Medical Associa

Hospitalization-Associated Disability

"She Was Probably Able to Ambulate, but I'm Not Sure"

Kenneth E. Covinsky, MD, MPH
Edgar Pierluissi, MD
C. Bree Johnston, MD, MPH

- **hospitalization-associated disability develops between the onset of the acute illness and discharge from the hospital**
- **at least 30 % of patients > 70 years and hospitalized for a medical illness are discharged with an ADL disability they did not have before becoming acutely ill**

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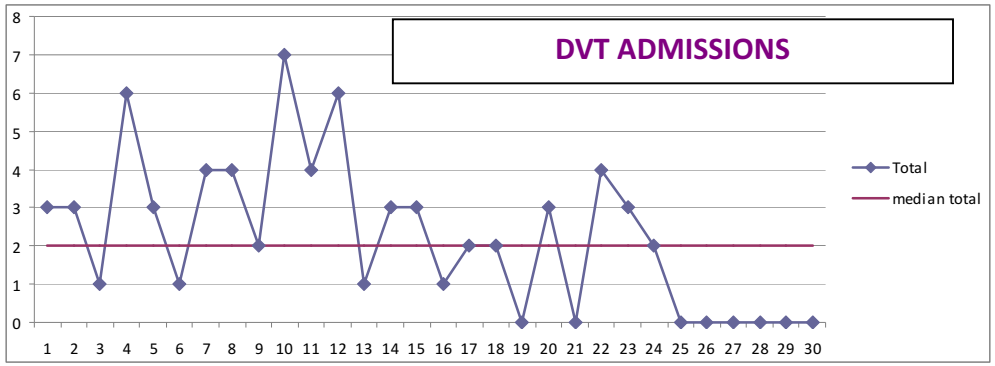
Ambulatory Care

- Senior decision making, advanced diagnostics
- Consultants - Acute Medicine/ ED
- Ambulatory Care Coordinator
- Community Matrons
- Patient and staff designed area and pathways
- Leverage community services
- Avoid unnecessary admissions
- Support earlier discharge



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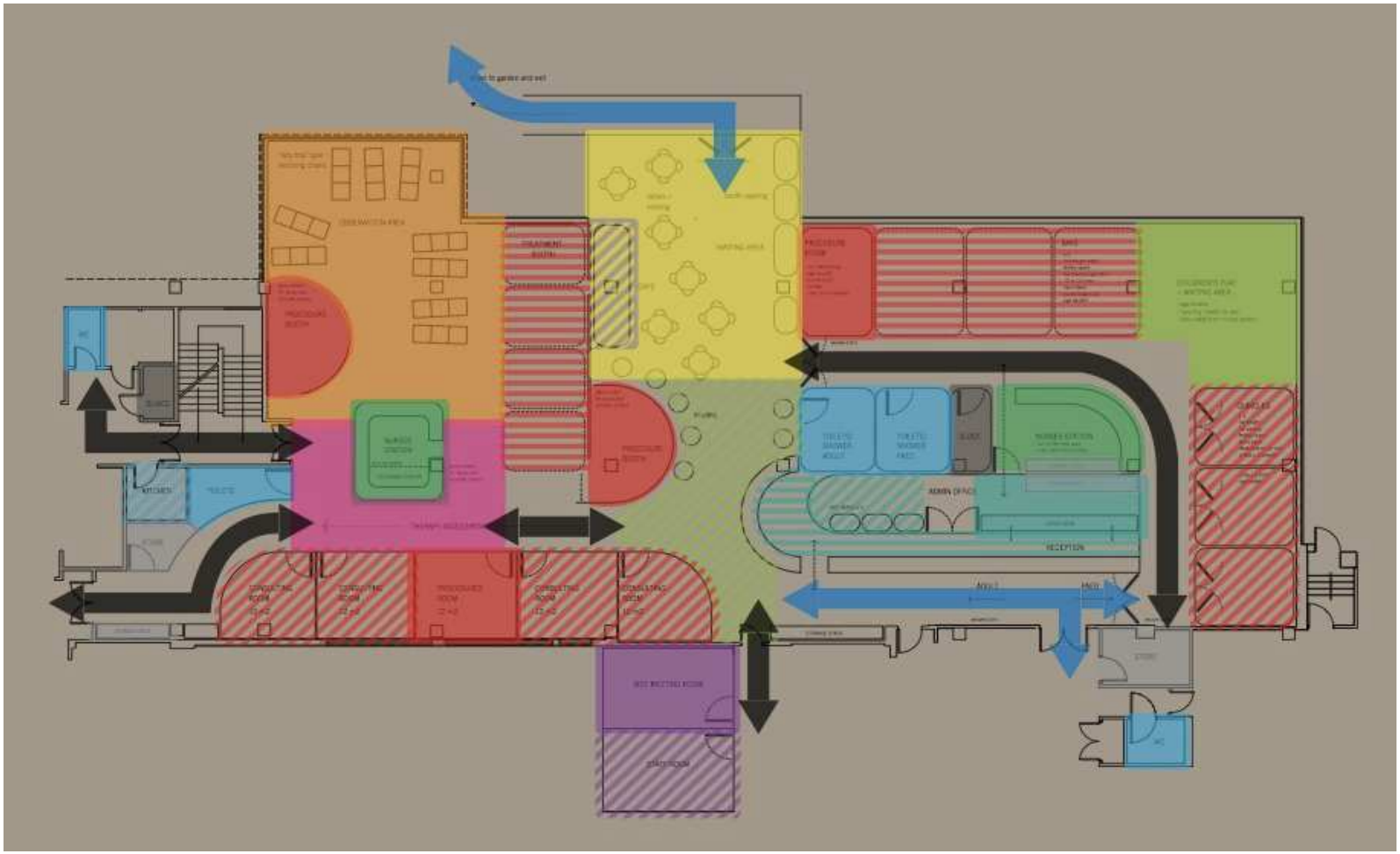
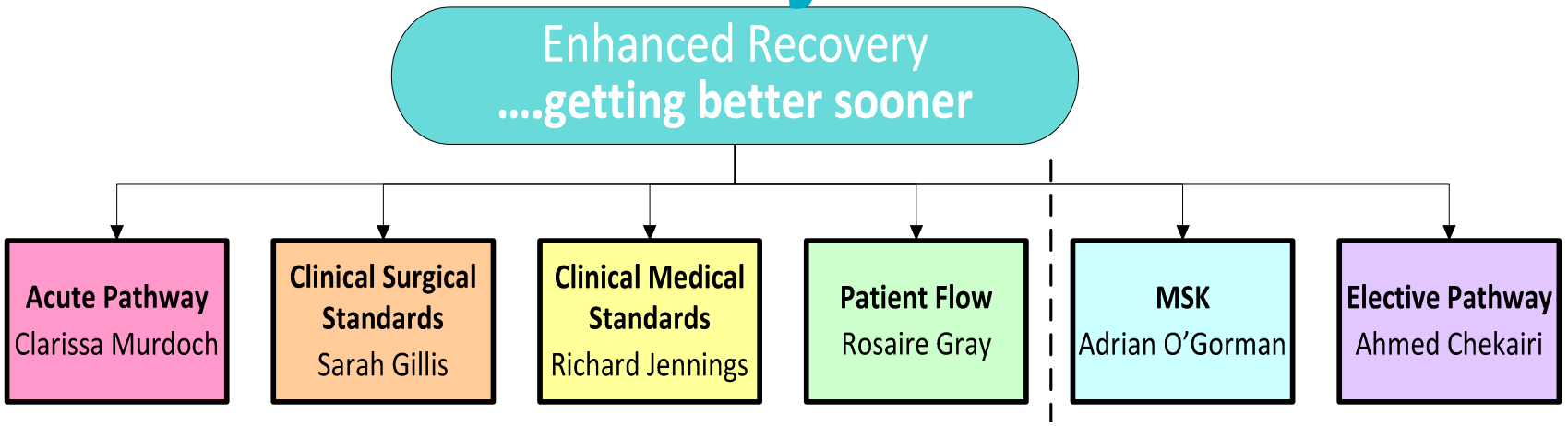
Ambulatory care figures

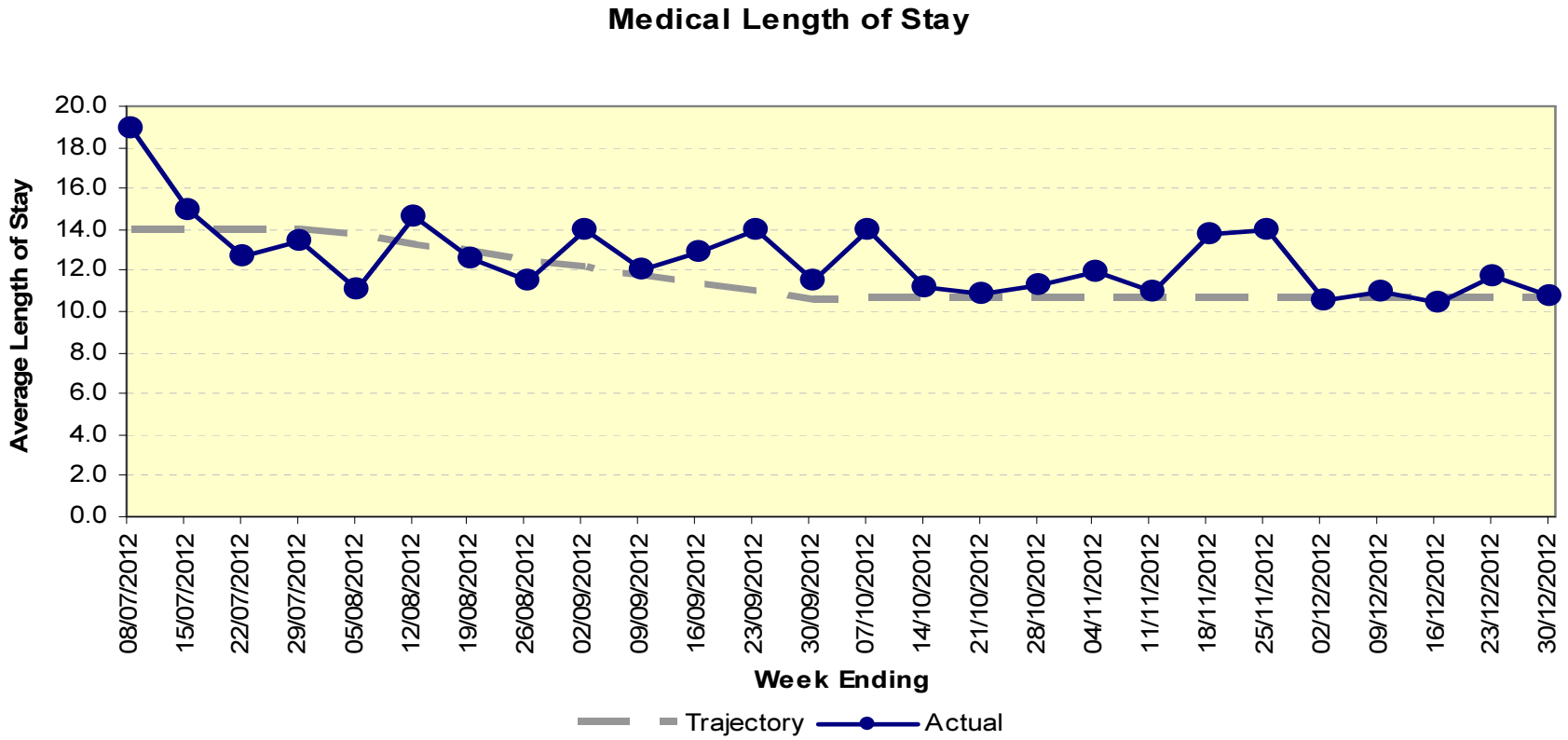
- 1515 patients seen last year with 2 cubicle spaces
- Now 3 spaces, patients seen up from 150 to 220 new patients per month ie over 2500 per year
  - 64% of patients are avoided admissions
  - 23% are able to be discharged early from medical wards
  - 13% other eg could have been seen in primary care
- 10% see 3 or more specialties ie complex
- 17 specialties involved per month
- Surgical patients increasing from 15 to 30 per month
- From next April will be 15 spaces…

Ambulatory Care – new build



Enhanced recovery from illness





Enhanced recovery from hip fracture

Measure	England	London	Whittington
Average time from admission to operation / hours	32	32	22
Average time to admission to orthopaedic ward / hours	9	16	9
% patients developing pressure ulcers	3	4	2
Mean length of stay / days	20	21	18
In hospital mortality	8	8	4
30 day mortality	14	13	9

SHMI (Summary Hospital-level Mortality Indicator) &ranking: Oct 11-Sep 12 for NCL trusts

Trust	Ranking (of 142 nationally)	SHMI
UCLH	1	0.6849
Whittington Health	2	0.7128
Royal Free London	4	0.7602
North Middlesex	6	0.8012
Bart's Health	9	0.8262
Barnet & Chase Farm	13	0.8527

This is the first time in 2 years the Whittington has slipped from first place…

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in hospital cardiac arrest 2011/12